



## Active Classrooms and Active Schools

The scientific evidence is powerful. Physically active schools result in happier, healthier, more effective learners and physically active classrooms lead to more engaged, more inquisitive and more independent students.

Work as a whole school or a team of staff using a systematic approach to making small changes to everyday practice and pedagogy to create a more active learning and working environment with higher wellbeing and achievement for all.

A whole or half day course for Primary and Secondary phase school Leaders, teachers with responsibility for health and wellbeing, whole staff training

**Consultant:** Kevin Barton

**[To book or find out more – Contact Us](#)**

**[Click here for more consultancy and training](#)**

*“An inspiring day and lots of ideas for our setting – with excellent classroom practice and activity examples”.*

*Cardiff Primary School*

