



## Understanding Pupil Behaviour

Dealing with pupil's behaviour can take up much of a teacher's day and can be one of the most challenging parts of the job. Rather than having a reactive approach to dealing with behaviour, these sessions will help teachers develop a greater understanding of reasons behind the behaviour. Understanding 'why' helps teachers deal with the behaviour more appropriately and more effectively.

The session will explore the anger cycle and how to respond to angry outbursts, emotional intelligence, what pupils may need and understanding our own reactions so that we can respond with clarity.

This training can be adapted and modified to suit the individual needs of the school/organisation. It could be delivered as either a one day, half day or series of twilight taster sessions but is most effective as a one day course (or over 2 half day sessions).

**Consultant:** Andrea Smollen

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*"A thought-provoking day with a lot of time spent clarifying our current situation and how to see a clear way forward".*

*Plymouth Secondary School*

