



## Parent 2 parent training

This training package, developed by Herts for Learning (HfL), supports parents working as partners with schools in the learning process which can potentially improve pupil outcomes, thereby supporting the school improvement agenda.

The model adopts a 'train the trainer' approach, with parents being trained by expert advisors to deliver Parent2Parent® modules. Trained parents will then be able to deliver up to eight Parent2Parent® modules to other parents in a school setting, each module focused on different learning techniques. Modules have been designed to illustrate what we know about how the brain works, gender difference in learning, the fight/flight response, transactional analysis, fixed and growth mindsets, learning styles, emotional intelligence, risk and resilience.

The programme shares with parents how they can use this knowledge to support their children's learning. Further modules are being developed and additional modules will be created in response to parental requests

This training can be adapted and modified to suit the individual needs of the school/organisation. It could be delivered as either a one day, half day or series of twilight taster sessions but is most effective as a one day course (or over 2 half day sessions).

**Consultant:** Andrea Smollen

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*"A thought-provoking day with a lot of time spent clarifying our current situation and how to see a clear way forward".*

*Plymouth Secondary School*

